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NYC Works *Even* Better with Paid *Safe and* Sick Leave

As of May 5, 2018, most employees in NYC now have the right to safe and sick leave.

If you work in NYC for more than 80 hours a year, you can earn up to 40 hours of safe and sick leave each year to use for yourself or to help anyone you consider family.

Use sick leave for care and treatment.

Use safe leave to seek help or take other safety measures for any act or threat of domestic violence, unwanted sexual contact, stalking, or human trafficking.

“Family member” now includes:

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- Grandchild
- Spouse
- Domestic Partner
- Parent
- Grandparent
- Child or Parent of your spouse or domestic partner
- Sibling (including a half, adopted, or step sibling)
- Any other individual related by blood to you

If you are a domestic worker who provides services like housecleaning or child care directly to a family or household, after one year of employment, your household employer must provide two days of paid safe and sick leave in addition to the three days of paid rest you get under New York State Labor Law.

The Law protects you regardless of your immigration status. It is illegal for an employer to retaliate against you for requesting or using safe and sick leave.

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311

nyc.gov/dca

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defiant & PROUD

Thousands turn out on Sunday for
the annual New York City Pride March. 4

BESS ADLER

JUSTICE FOR JUNIOR

Police arrested five individuals in
connection with the brutal slaying
of Bronx 15-year-old Lesandro
Guzman-Feliz. 6



NYPD



WELCOME TO METRO.US

JOE PANTORNO, SPORTS EDITOR

Too often I find myself imploring professional sports franchises to be better. Whether it's driving up ticket prices, improving their treatment of players, or just adding to the unfortunate fact that at the end of the day, sports is just a business, sports fans can easily find a litany of issues with their favorite teams. This past weekend though, 17 pro sports franchises across the five major North American leagues got something right as they participated in LGBT Pride events. Sports are for everyone. Let's make it that way

TURKEY'S ERDOGAN CLAIMS ELECTION VICTORY

Itayip Erdogan and his ruling AK Party claimed victory in Turkey's presidential and parliamentary polls on Sunday, overcoming the biggest electoral challenge to their rule in more than a decade. However, the main opposition party said it was too early to concede defeat and said it believed Erdogan could still fall short of the 50 percent needed to avoid a presidential runoff on July 8. "Our people have given us the job of carrying out the presidential and executive posts," Erdogan said in a short national address even as votes were still being counted. "I hope nobody will try to cast a shadow on the results and harm democracy in order to hide their own failure." Erdogan, 64, the most popular but also the most divisive politician in modern Turkish history, later waved to cheering, flag-waving supporters from the top of a bus in Istanbul. Sunday's vote ushers in a powerful new executive presidency long sought by Erdogan and backed by a small majority of Turks in a 2017 referendum. Critics say it will further erode democracy in the NATO member state and entrench one-man rule.

NIGERIA IMPOSES CURFEW AS 70 DIE IN CLASHES

2Nigeria imposed a dusk-to-dawn curfew on Sunday in central Plateau state after some 70 people died in communal clashes between farmers and semi-nomadic herders over the weekend. Strife in the decades-old conflict has escalated sharply this year, particularly in the ethnically and religiously diverse hinterland states known as the Middle Belt, causing more deaths than the Boko Haram insurgency in Nigeria's northeast. "The government has enforced a curfew from 6 p.m. to 6 a.m. in order to bring normalcy, [and] police and other security operatives have been put on alert at the moment," Plateau State's Commissioner of Information Yakubu Dati told Reuters. Communal violence between herders and farmers, which originated partly over dwindling fertile land, has spiraled into a cycle of violence and reprisal attacks that have killed hundreds of people this year in the Middle Belt. Insecurity has become a major electoral problem for President Muhammadu Buhari, who plans to seek re-election in February and who won power on pledges to deliver peace and stability.



WOMEN BEGIN DRIVING IN SAUDI ARABIA

3Fadya Fahad, 23, one of the first female drivers for Careem, a peer-to-peer ride-sharing company similar to Uber, drives a car she has rented on the first day she was legally allowed to drive in Saudi Arabia on Sunday in Jeddah, Saudi Arabia. Fadya lived in the United States, where she got her first license. "It's so amazing," she said. When asked what her parents thought about it, she said: "They are so proud. My father said I drive better than my brother." On Sunday, Saudi Arabia lifted its ban on women drivers, which had been in place since 1957. The Saudi government, under Crown Prince Mohammad Bin Salman, is phasing in an ongoing series of reforms to both diversify the Saudi economy and to liberalize its society. The reforms also seek to empower women by restoring their basic legal rights, allowing them increasing independence and encouraging their participation in the workforce. Saudi Arabia is among the most conservative countries in the world and women have traditionally had much fewer rights than men.

28 MEXICAN POLICE HELD OVER POLITICAL MURDER

4Twenty-eight police officers in the western Mexican state of Michoacan have been arrested on suspicion of involvement in the murder of a candidate for mayor in the municipality of Ocampo, local media reported on Sunday. State authorities issued a statement on Sunday saying all members of Ocampo's municipal police department had been taken in for questioning by the police's internal affairs department. The probe focused on potential violations of the police code of conduct, the statement said, without

giving any more details. Local and national media said the officers were held on suspicion of complicity in the killing of Fernando Angeles Juarez, who was running for mayor of Ocampo, which lies on the eastern fringe of Michoacan and is home to some 24,000 people. Juarez was shot dead on Thursday, and was competing for the center-left Party of the Democratic Revolution (PRD), which governs the long-troubled state. A source in the state familiar with the investigation said that the media reports about the arrests are correct.

PREZ: 'NO JUDGES OR COURT CASES' ON DEPORTATION

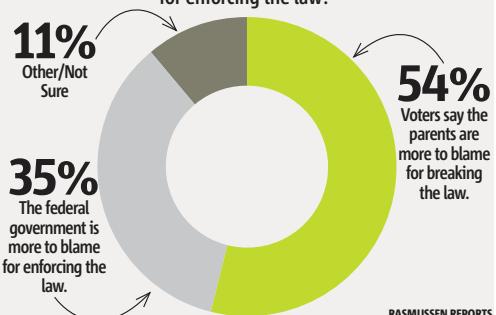
5President Donald Trump said on Sunday that people who enter the United States illegally should be returned immediately from where they came without any judicial process, likening them to invaders who are trying to "break into" the country. His proposal drew immediate criticism from legal analysts and immigrant rights advocates who said it would violate the U.S. Constitution's due process provision, which applies to citizens and non-citizens alike. In a series of tweets on Sunday, Trump said: "We cannot allow all of these people to invade our

Country. When somebody comes in, we must immediately, with no Judges or Court Cases, bring them back from where they came." "We cannot accept all of the people trying to break into our Country. Strong Borders, No Crime!" It was unclear if Trump was advocating for an expansion of the provision that expedites removals of illegal immigrants at or near the U.S. border, a policy his administration has embraced since taking office. Nor did Trump differentiate between illegal immigrants and people entering the U.S. for asylum protection.

STATS

IMMIGRATION

When families are arrested and separated after attempting to enter the United States illegally, who is more to blame — the parents for breaking the law or the federal government for enforcing the law?



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NEWS



ALL PHOTOS BESS ADLER

Sex preference on display at NYC Pride Parade 2018

The theme to this year's parade was "Defiantly Different."

SARAH LUOMA
letters@metro.us

Thousands showed up in Lower Manhattan on Sunday to celebrate NYC's Annual Pride parade. This year's theme was "Defiantly Different."

"This year's theme is about showing our power, squaring our shoulders in the face of adversity, and continuing to sculpt that magnetic bond within the LGBTQ+ community and our allies," said David Studinski, co-chair of NYC Pride.

"The corresponding creative showcases a wide selection of defiant-

ly different community members - from performance artists to mental health advocates. We are standing defiantly — defiantly different and defiantly as one."

This year's NYC Pride parade's elected grand marshals were former tennis pro Billie Jean King, transgender advocate Tyler Ford and the civil rights organization Lambda Legal. Also in attendance were Gov. Andrew Cuomo and New York City Mayor Bill de Blasio, who appeared happy and excited to take part in the march.

Among the colorful floats and bright colored people, signs supporting and protesting health care, immigration and remembering those who died at Orlando, Florida's Pulse Nightclub were on display.



Mount Sinai celebrates 50 years of supporting LGBTQ and other city youth

While Pride March 2018 took place Sunday, next year marks the 50th anniversary of the Stonewall Uprising, which sparked the modern gay rights movement. In conjunction with that historic milestone, New York will host World-Pride 2019, the first U.S. city to do so.

But that's a year away, and one city institution that has long supported LGBTQ and other city youth is celebrating a golden anniversary of its own this year: Mount Sinai Adolescent Health Center (MSAHC).

"We are New York City's largest provider of high-quality, comprehensive, free health and wellness services for youth ages 10 through 24, ranging from primary care and mental health for all young people to special programs for transgender youth, teen parents and more," said Director Dr. Angela Diaz.

More than 90 percent of MSAHC's patients are people of color, and 70 percent do not have health insurance — including transgenders, who face large inequities in health care, especially those under 18, Diaz said.

who are also high risk for mental health conditions such as depression and suicidal feelings, "especially if their families are not supportive of them."

Morgan, a 22-year-old transgender actor, became "a lot happier" after seeking out MSAHC when he moved to the city in his late teens from upstate, where he'd been the only outwardly gay person in high school.

"There wasn't much of a community, so I didn't really have any reflection or people who were similar to me," he shared. "Most beneficial about MSAHC was



"Most beneficial about MSAHC was that everybody was so friendly and welcoming and validated who I was — they didn't question my identity. They accepted who I was, and that was a huge relief to have that," said transgender actor Morgan, 22. PROVIDED

that everybody was so friendly and welcoming and validated who I was — they didn't ques-

tion my identity. They accepted who I was, and that was a huge relief to have that."

While Morgan calls New York City "a bubble" because of its many inclusive and support efforts toward the LGBTQ community, he sees that ramp up during Pride Month.

"I see more people than I do the rest of the year be open about their identities, and I think that's a really cool and beautiful thing," Morgan said.

One thing Morgan said he might've done differently was to "be

more open about what I felt at a younger age." He recommends others, who are ready to seek support, talk about what they're feeling, whether in trans-supportive online groups or via centers like MSAHC.

"Many of our transgender young people say the center saved their lives," Diaz said. "We accept them as their true selves, provide a safe, gender-affirming space and help them and their families along their journey." NIKKI M. MASCALLI

For more info, visit mountsinai.org

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Bronx 15-year-old Lesandro Guzman-Feliz died after being fatally stabbed on Wednesday. FACEBOOK

5 arrested in stabbing death of 15-year-old Bronx teenaged boy

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H2168_MKT18_16 Accepted

Police arrested two in the Bronx and found the other three in Paterson, New Jersey, on Sunday.

 **SARAH LUOMA**
letters@metro.us

Police arrested five people Sunday evening in last week's brutal slaying of Bronx teenager Lesandro Guzman-Feliz.

The New York Post reported that two individuals were picked up in the Bronx while three others were found in Paterson, New Jersey on Sunday.

It's the first step toward justice for the Guzman-Feliz family. The family has set up a GoFundMe page with a goal of raising \$15,000 to cover funeral costs and other financial obligations for the adolescent. They have since seen an outpouring of support with more than \$100,000 donated so far.

Following Guzman-Feliz's death, his brother-in-law Derek Grullon said he received mysterious messages from members of the Trinitarios, a Dominican gang. According to the New York Daily News, Grullon believed Guzman-Feliz's death may have been a case of mistaken identity.

"They said, 'We had the wrong person,'" Grullon shared.

Grullon also stated that

his wife had received similar messages apologizing for her brother's death.

Guzman-Feliz was reportedly attacked last Wednesday around 11:40 p.m. outside of the bodega located at East 183rd and Bathgate Avenue in the Tremont section. Witnesses at the scene told police that a fight broke out in front of the store after the Bronx teen was dragged outside by five guys allegedly associated with the Dominican gang Trinitarios. During the attack, Guzman-Feliz was stabbed

"All I can say was that he was a good kid."

Sister Genesis Collado-Feliz

in the neck. The 15-year-old then attempted to run on foot to St. Barnabas Hospital. Before he could make it a block away to the hospital, he collapsed on the sidewalk and died.

According to the victim's mother, her son Lesandro said he was going downstairs Wednesday night to repay a friend some money. She is unsure about how he ended up at the bodega, a block's walk from their home.

Lesandro's family has called for a boycott of the bodega after they said employees failed to assist their son when he was confronted inside the store and dragged out.



HANDOUT

Why Haven't Senior Homeowners Been Told These Facts?

Keep reading if you own a home in the U.S. and were born before 1955.

It's a well-known fact that for many senior citizens in the U.S. their home is their single biggest asset, often accounting for more than 50% of their total net worth.

Yet, according to new statistics from the mortgage industry, senior homeowners in the U.S. are now sitting on more than **6.1 trillion dollars** of unused home equity.¹ With people now living longer than ever before and home prices back up again, ignoring this "hidden wealth" may prove to be short sighted.

All things considered, it's not surprising that more than a million homeowners have already used a government-insured Home Equity Conversion Mortgage or "HECM" loan to turn their home equity into extra cash for retirement.

However, today, there are still millions of eligible homeowners who could benefit from this FHA-insured loan but may simply not be aware of this "retirement secret."

Some homeowners think HECM loans sound "too good to be true." After all, you get the cash you need out of your home but you have no more monthly mortgage payments.

NO MONTHLY MORTGAGE PAYMENTS?² EXTRA CASH?

It's a fact: no monthly mortgage payments are required with a government-insured HECM loan;² however the homeowners are still responsible for paying for the maintenance of their home, property taxes, homeowner's insurance and, if required, their HOA fees.

Another fact many are not aware of is that HECM reverse mortgages first took hold when President Reagan signed the FHA Reverse Mortgage Bill into law 29 years ago in order to help senior citizens remain in their homes.

Today, HECM loans are simply an effective way for homeowners 62 and older to get the extra cash they need to enjoy retirement.

Although today's HECM loans have been improved to provide even greater financial protection for homeowners, there are still many misconceptions.

For example, a lot of people mistakenly believe the home must be paid off in full in order to qualify for a HECM loan, which is not the case. In fact, one key advantage of a HECM is that the proceeds will first be used to pay off any existing liens on the property, which frees up cash flow, a huge blessing for seniors living on a fixed income. Unfortunately, many senior homeowners who might be better off with HECM loan don't even bother to get more information because of rumors they've heard.

That's a shame because HECM loans are helping many senior homeowners live a better life.

In fact, a recent survey by American Advisors Group (AAG), the nation's number one HECM lender, found that over 90% of their clients are satisfied with their loans.

While these special loans are not for everyone, they can be a real lifesaver for senior homeowners.

¹Source: <http://reversemortgagedaily.com/2016/06/21/seniors-home-equity-grows-to-6-trillion-reverse-mortgage-opportunity>. ²If you qualify and your loan is approved, a Home Equity Conversion Mortgage (HECM) must pay off any existing mortgage(s). With a HECM loan, no monthly mortgage payment is required. A HECM increases the principal mortgage loan amount and decreases home equity (it is a negative amortization loan). AAG works with other lenders and financial institutions that offer HECMs. To process your request for a loan, AAG may forward your contact information to such lenders for your consideration of HECM programs that they offer. When the loan is due and payable, some or all of the equity in the property no longer belongs to borrowers, who may need to sell the home or otherwise repay the loan with interest from other proceeds. AAG charges an origination fee, mortgage insurance premium, closing costs and servicing fees (added to the balance of the loan). The balance of the loan grows over time and AAG charges interest on the balance. Interest is not tax-deductible until the loan is partially or fully repaid. Borrowers are responsible for paying property taxes and homeowner's insurance (which may be substantial). We do not establish an escrow account for disbursements of these payments. A set-aside account can be set up to pay taxes and insurance and may be required in some cases. Borrowers must occupy home as their primary residence and pay for ongoing maintenance; otherwise the loan becomes due and payable. The loan also becomes due and payable when the last borrower, or eligible non-borrowing surviving spouse, dies, sells the home, permanently moves out, defaults on taxes or insurance payments, or does not otherwise comply with the loan terms. American Advisors Group (AAG) is headquartered at 3800 W. Chapman Ave., 3rd & 7th Floors, Orange CA, 92868. (Licensed Mortgage Banker-NYS Department of Financial Services; American Advisors Group operates as American Advisors Group, Inc. in New York). V2017.08.23_OR



FACT: In 1988, President Reagan signed an FHA bill that put HECM loans into law.

The cash from a HECM loan can be used for any purpose. Many people use the money to save on interest charges by paying off credit cards or other high-interest loans. Other common uses include making home improvements, paying off medical bills or helping other family members. Some people simply need the extra cash for everyday expenses while others are now using it as a "safety net" for financial emergencies.

If you're a homeowner age 62 or older, you owe it to yourself to learn more so that you can make an informed decision. Homeowners who are interested in learning more can request a free 2018 HECM loan Information Kit and free Educational DVD by calling American Advisors Group toll-free at 1-800-791-1598.

At no cost or obligation, the professionals at AAG can help you find out if you qualify and also answer common questions such as:

1. What's the government's role?
2. How much money might I get?
3. Who owns the home after I take out a HECM loan?

You may be pleasantly surprised by what you discover when you call AAG for more information today.

Aquavit's Bengtsson among six headlining Serving Up Home

Bengtsson joins five other Michelin-starred city chefs who will provide signature dishes for Breaking Ground's tasting event and homeless benefit.



NIKKI M. MASCALI
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On Monday night, six Michelin-starred city chefs join forces — and plates — to help fight hunger and homelessness in New York City as part of Breaking Ground's Second Annual Serving Up Home tasting event.

Taking place at the supportive housing developer's Prince George residence on East 27th

"I worked my entire life, always pushing, to not really be one of the first — I just wanted to be the best at whatever I could do."

Emma Bengtsson

Street, Serving Up Home features signature dishes from Cosme Aguila of Casa Enrique, Aaron Bludorn of Café Boulud, Christopher Engle of Au-reole New York, Carlo Mirarchi of Blanca, Melissa Rodriguez of Del Posto and Emma Bengtsson of Aquavit, as well as bites from Somtum Der, Casellula, Red Rooster Harlem and D'Artagnan.

For Bengtsson, getting involved with Breaking Ground's mission was easy as she already works with similar

organizations, so "to be able to provide people with the right to have a decent quality of life and have somewhere to live and food for the day, I will do anything I can," she told Metro.

For Serving Up Home, which last year brought in more than \$80,000 that translated to 650 nights of transitional housing for New Yorkers in need, Bengtsson is doing "something light and summery, and of course, have a little bit of a flair to it,"



BREAKING GROUND FACEBOOK

she shared. "I'm doing a scallop with caviar, rose and pine, which are some of my favorite things to eat."

Bengtsson earned Aquavit's second

Michelin star last year, making her the first-ever female Swedish chef — and just the second female chef in the U.S. — to run a two-star kitchen.

"It's quite amazing and extraordinary, and it's one of those things you don't really understand is happening," she said. "I worked my entire life, always pushing,

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For Serving Up Home, which last year brought in more than \$80,000 that translated to 650 nights of transitional housing for New Yorkers in need.

to not really be one of the first — I just wanted to be the best at whatever I could do. It's one of those unreal things that's happened."

Bengtsson fell in love with food thanks to one simple dish her grandmother used to make: cooked carrots.

"She used very little, very salty water and tons of farm-quality organic butter," she explained. "It was just one of those things I would dream about when I would go see her. Of course, I wanted the steak and the meat and everything that came with it, too, but those carrots were really what I was looking forward to the most."



Aquavit's Emma Bengtsson joins five other Michelin-starred city chefs who will provide signature dishes for Breaking Ground's second annual homeless benefit and tasting event Serving Up Home. **PROVIDED**

Though she's tried — "thousands of times" — to re-create the carrots, "I've never been able to," Bengtsson said with a laugh. "It was the way she did it, and where she got her produce in the

south of Sweden. There's some kind of love into it. I haven't figured out. One day maybe!"

Tickets for Serving Up Home start at \$250. For info, visit breakingground.org.

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Why Knee Arthritis Sufferers Often Prefer the Newest Medical Procedure New York Doc's Merge Best of Both Worlds - 'All Natural' & 'All Metal'

Fraction of the cost, minimal risk and little recovery time
Hundreds of arthritis sufferers from tri-state area calling weekly to find out more

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment" noted the clinic director at the **NY Pain MD** in New York City.

"The same holds true for treating arthritis pain. I believe we are having so much success at **NY Pain MD** because of two factors: One is we are using advanced medical technology and treatments many clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possibly."

What is the "correct treatment?"

"That depends," said the director. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," added the director.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby a preparation of Hyaluronic acid a gel-like FDA approved medicine is applied directly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupple- cosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at **NY Pain MD** use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Presision Arthritis Targeting Technology and did not get good results - this may be why.



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife



Normal Pain-Free Knee Joint Everyone Wants Proof:

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis

Pain -

Illustration shown is a knee joint with painful osteoarthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging Failed Treatment -

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Joint Like "Joint Oil" using Precision Targeting Technology Successful Treatment -

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

f Almost All Ages Are Choosing cedures Before Surgery of High Tech Medicine And Treatments

little to no downtime amongst top reasons.

Find out if treatment is right for them...Often covered by insurance.

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the 2 ½ years thousands of knee pain sufferers have flocked to the **NY Pain MD** New York City

That's when their specially trained-doctors added cutting-edge arthritis treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil.' It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "**Precision Arthritis Targeting Technology**". This allows us to place the Viscosupplementation exactly where it needs to be. Studies show doctors doing joint injections without Technology can miss the joint up to 30% of the time." noted the Director of Center



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluoroscopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. **NY Pain MD** used this P.A.T. Imaging Technology with each and every treatment.

NY Pain MD is a state of the art medical facility offering the best technology.

And that's not all

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added the director.

How To Find Out If It Can Help You?

If you have knee pain, the **NY Pain MD** doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology*.

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All you have to do is call 800-885-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at **NY Pain MD** can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

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US says it's still working to reunite 2,053 children with families

So far, 522 children who were in custody have been reunited with their parents.

The U.S. government still has 2,053 children in its custody who were separated from their parents under President Donald Trump's "zero tolerance" immigration policy and officials said there was a "well coordinated" process for reuniting families.

The Department of Homeland Security (DHS) issued a fact sheet late on Saturday after criticism from lawyers for parents and children who say there is little evidence of an organized system.

A total of 522 children in the custody of U.S. border officials have already been re-

united with parents, according to the DHS fact sheet, published three days after Trump ended the U.S.-Mexico border family separation policy.

The president's shift occurred following images of children in cages triggered outrage. On Sunday, Trump renewed his hardline on immigration calling for people who enter the U.S. illegally to return to where they came from immediately without any judicial process.

An administration official reported Sunday that reunions occurred because parents returned from court proceedings quickly enough that they had not yet been transferred to Department of Health and Human Services custody where

522

A total of 522 children in the custody of U.S. border officials have already been reunited with parents.

more than 2,000 remain separated from their parents are warehoused.

"The U.S. government knows the location of all children in its custody and is working to reunite them with their families," the DHS fact sheet said.

The new details came after more than two months of confusion around how detained migrant parents, who are shuttled from



GETTY IMAGES

facility to facility run by different government agencies, would ever reunite with their children, who are sent to shelters and foster homes scattered across the country.

The DHS said the Trump administration has a process for how parents would be reunited with their children "for the purposes of removal" or deportation.

Deportation proceedings could take months to complete, and the fact sheet did not say whether parents and children would be reunited in the intervening time.

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The Port Isabel detention center in Texas will serve as "the primary family reunification and removal center" for adults in ICE custody, the statement said.

Many of the parents are planning to claim asylum, lawyers and advocates who have spoken with them said. The fact sheet did not say how reunifications would be handled in those cases.

The fact sheet said children are given the chance to speak with a "vetted parent, guardian or relative" within 24 hours of arriving at a facility run by Department of Health and Human Services.

Sirine Shebaya, a senior staff attorney with Muslim Advocates, said she and two other lawyers met about 70 detained Central American migrants at Port Isabel on Friday and Saturday. All but one had been separated from their children, she added in an interview before the fact sheet was published.

Several of the migrants had been given



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"The United States government knows the location of all children in its custody and is working to reunite them with their families."

The Department of Homeland Security fact sheet

a number to call to try to locate their children, but found their calls would not go through or no one picked up, she said. If they did manage to get someone on the line, they were often told they would get a call back — useless to them while in a detention center.

REUTERS

"When they do get a phone call, it's a one- to two-minute phone call and the kids frequently don't know where they are," she said. "Some kids know, 'OK I'm in Michigan,' but they don't know any more than that."

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TRUMP'S AMERICA

TABLE FOR NONE: TAKE YOUR STINKIN' POLITICS SOMEPLACE ELSE!

Analysis

ELLIS HENICAN

Metro columnist Ellis Henican is the best-selling author of a dozen books. Join Ellis on Twitter @henican.



Your table isn't waiting. You and your kind aren't welcome here.

You don't have to love Sarah Huckabee Sanders, Donald Trump's truth-be-damned press secretary, to recognize the woman has a right to dine in whatever awful restaurant she chooses, so long as she has shoes on and can pay the overpriced bill. If not a legal right, at least a moral and historical one. This is America, after all. We can patronize even businesspeople who loathe us.

Not according to the owner of the Red Hen restaurant in Lexington, Virginia, who laid a big fat egg this time. Sanders and seven family members were tossed to the sidewalk just because her day job is dissembling for the president of the United States. I get the

emotion, but I'm sorry: That's as narrow-minded as a cake baker in Colorado refusing to whip up a sugary wedding confection just because the groom and groom are gay.

Get a life, will you? Take the people's money! Be a business, what do you say?

There's a word for this overmoralizing — wrong! — whichever side is doing it now. Does every inch of our lives have to be defined by explicit tribal loyalties? Left and right! Black or not? R and D? Gay and straight! Moses, Jesus or Allah? Whatever happened to just going to the bakery?

It was rude enough when the clueless homeland secretary, Kirstjen Nielsen, was greeted at Washington's MXDC Cocina Mexicana with chants of "shame,



It's no longer safe to dine in public if you're a Trump staffer, as Press Secretary Sarah Huckabee Sanders was kicked out of a Virginia restaurant. GETTY IMAGES

shame, shame." The oily Stephen Miller, architect of Trump's "zero tolerance" immigration, was similarly heckled at a different Mexican restaurant in Washington. But at least these were fellow diners mouthing off, not the owners or the government.

I understand. These are private businesses. They have certain rights of their own but back in the Southern civil-rights days, a better-grounded U.S. Supreme Court held that once a business offers "public accommodation,"

everyone has to be served, regardless of race, religion, color or college football team.

What now? Damn near everything demands a pledge of allegiance, even if we can't remember the words or their meaning.

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Pat King
Grumble Editor

Ughhh. Here's to another Monday. We can get through this together! Check out these great scathing Grumbles from our Metro readers and remember to keep sending them our way!

READER WRITE-INS:

STAY OFF OF YOUR PHONE WHILE DRIVING!!!

We have become a society of drones addicted to the nonsense of social media and other mind-bending platforms designed to suck your minds and pockets! We become so entrapped that even when we drive our attention is diverted by the slightest ding, bing or buzz! I've witnessed time and time again people driving and staring at their smart device which by the way seems to have more brains than those who don't see the inconsiderate behavior and danger you present to those responsible drivers. The driver's seat is not your kitchen, living room, deck or any other place where you can indulge your favorite pastime in a secure and private space. Studies have shown that distracted driving is

The GRUMBLE



Keep your eyes on the road! iStock

as dangerous as drinking and driving, and we all know the results of those who indulge in this dangerous behavior. If you find your addiction to your phone is too overwhelming here's some advice before you get in your car: Put it in the TRUNK!

- E. Rafiq Friend, Metro US reader

TOO MANY SPAM CALLS!

Good day, my grumble for the week is: Joining a new cable provider, they give you a new phone number and within my first month I already have 100 calls

blocked. It's extremely annoying.

- Mary Angelino, Metro US reader

PLEASE ... USE YOUR HEAD-PHONES ON PUBLIC TRANSIT!

It really grinds my gears when someone decides to turn on Pandora, YouTube, etc. on any type

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The winning caption from Seth Richtsmeier, Metro Boston reader



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Aries Take care of personal business and update your look or personal style. A physical challenge needs to be addressed cautiously.



Taurus Getting along with your peers, friends or relatives will help you round up the help you need to get things done. Learn from those with more life experience.



Gemini Keep an eye on your personal finances, pending settlements or any health issues you face. Taking action quickly will help you turn a potential loss into a gain.



Cancer If you take a different route, you'll discover something you did not know existed. Don't hesitate to stop and investigate what you find. Life is full of surprises. Live in the moment.



Leo Take action, get involved and do your part. Don't let someone else's change of plans stop you from following through and keeping promises you made to one of your peers or children.



Virgo Take a moment to figure out the best way to respond to someone using emotional tactics to persuade you to do something. A practical suggestion will help alleviate persistent pressure.



Libra Don't let laziness cost you. If you let someone down, it will be difficult to regain the trust required to build a good relationship. Do your part and more.



Scorpio Size up what's going on with the people you deal with daily. Listen and respond carefully to avoid a misunderstanding. Tense dynamics between you and a peer can be expected.



Sagittarius Express your feelings overtly. Taking action and doing something nice for someone you love will affect how you get along. A new look will draw compliments.



Capricorn Only offer to do so much if someone asks for help. Make sure your motives are honorable. Changing how you live or handle domestic affairs will help save time and money.



Aquarius Don't let emotional situations grow out of control. If you discuss your feelings, concerns and intentions, you'll avoid tension and added stress. Make love, not war to build stronger relationships.



Pisces If you take a creative approach, you'll gain popularity, interest and support to help you complete your pursuit. New friendships will unfold.

EUGENIA LAST

LIFESTYLE



Comedian W. Kamau Bell. ALL PHOTOS NETFLIX

The "United Shades of America" star brings his comedy hot takes to the streaming service.



ANDREW HUSBAND
letters@metro.us

Best known to CNN's audiences as the host of its Emmy Award-winning program "United Shades of America," W. Kamau Bell is about to join the ever-expanding group of comedians who have released a special on Netflix.

On Tuesday, Bell's follow-up to his 2016 Showtime special, "Semi-Prominent Negro," will drop on the streaming platform. Titled "Private

School Negro," the new hour features the comic's takes on the racism within (and encouraged by) President Donald Trump's administration and living in Berkeley during the 2016 presidential election.

Seeing as how Bell doesn't want to overload the audience with chiefly political material, he also devotes some time to parenting and the Disney animated series "Doc McStuffins." You know, because both go hand-in-hand with topics like Trump and Attorney General Jeff Sessions' problematic past in Alabama.

Sarcasm notwithstanding, these various topics actually do possess multiple common threads, and Bell expertly manages to

tie them all together into an hour of comedy that is as enlightening as it is funny.



"I've got two daughters. They can tell that the country is in a hectic place," he tells the crowd. "One time I was watching the news, and she came into the

room and goes, 'Are they still trying to figure out why Donald Trump is the president?' You just synthesized an hour of CNN into one question!"

Of course, political comedy isn't for everybody, especially when the everyday politics currently engulfing American popular culture can seem like too much. Bell recognizes this too, frequently joking about the surprise and shock his material may cause some viewers. Even so, as the comedian notes in "Private School Negro," avoiding these topics out of distaste, indifference or both is no longer a luxury we can afford.

"W. Kamau Bell: Private School Negro" streams Tuesday, June 26, on Netflix.

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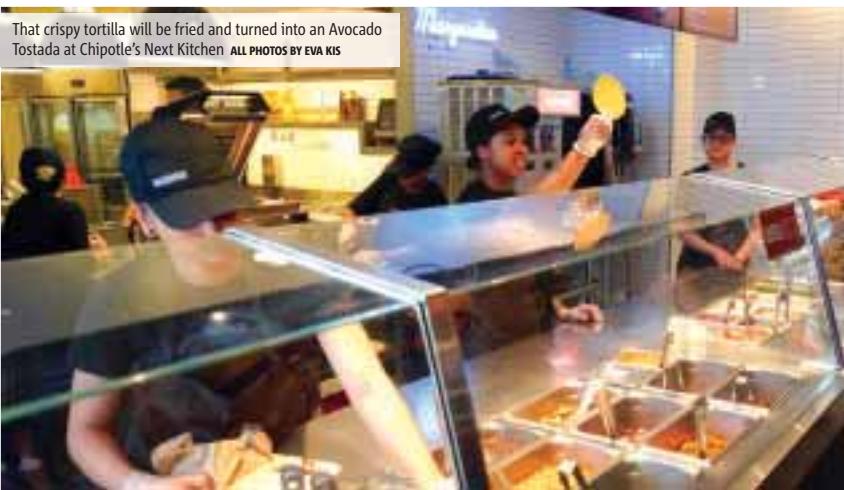
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18 metro

THINGS TO DO

METRO.US
MONDAY, JUNE 25, 2018

That crispy tortilla will be fried and turned into an Avocado Tostada at Chipotle's Next Kitchen ALL PHOTOS BY EVA KIS



Taste the *future* of Chipotle

The Mexican-ish chain unveiled its new menu items — and you can try them now at its Greenwich Village test kitchen.



EVA KIS
eva.kis@metro.us

The future of Chipotle is here, and it's definitely thinking outside the burrito box.

The Mexican-ish chain has unveiled a handful of new menu items that customers have been demanding for years, most notably quesadillas and cheesy nachos. Their Spring Salad got a lettuce upgrade, the Avocado Tostada is definitely a play on the avocado toast trend, and their frozen cocktail selection is growing by a Paloma Margarita.

Then there's the chain's first-ever dessert option: the Mexican Chocolate Shake, their spin on the Wendy's Frosty.

"I don't want to say [the Frosty] is the gold standard for a chocolate shake, but people love it," admits Chad Brauze, Chipotle's research and development chef. "I knew that I wanted to have something super chocolatey but at the same time, it definitely had to be Chipotle's."

Brauze arrived at Chipotle about a year ago after working for Daniel

find anywhere else. If you want to taste the future, the restaurant is located at 504 Sixth Ave.

Many of the new items came from listening to feedback, according to Chipotle's new chief marketing officer Chris Brandt, through surveys and even traveling to stores around the country to talk to employees about what customers are asking for.

That process, he hinted, might also include bringing back items people liked such as chorizo. "This is part of the future," he says about the new menu items. "It may not be the only future; we'll see how they go."

Check out all the new menu items:

Mexican Chocolate Shake: Definitely the biggest menu evolution, Chipotle's first dessert

The Next Kitchen is a testing ground for new ingredients, like quinoa.





is made with cocoa powder, milk, cardamom, cinnamon and a little chipotle for spice at the end. The version we tried had malted milk, but that's a no-go for the gluten-sensitive crowd, so the next version will be made without it. (\$4)

Quesadilla: Once a hidden menu item because of the extra time it took to make, Brauze found a panini press that would get them "nice, toasty, and melty" in 30 seconds. "They're built for speed," he says. "It's almost like a flat-style burrito, so nothing is going to escape from the sides." You've got a

choice of topped with cheese and a choice of three sides (guac or queso is extra). Starts at \$8.65

Nachos: You've been asking, and now you're getting it — with a new queso, too. Corn chips are fried to order and topped with black or pinto beans, queso, sour cream and salsa. Starts at \$7

Avocado Tostada: "It's a good midday snack," says Brauze. "Our food is delicious and very filling." A crispy corn tortilla is fried flat, topped with guacamole then anything you want on top. \$3.15

Spring Salad: An upgraded blend with Romaine, Tuscan Oak, Tuscan Red Leaf and Lolla Rosa leaves, with your choice of toppings and avocado vinaigrette on the side.

Frozen Paloma Margarita: Basically a margarita made with fresh grapefruit juice from Florida, with Sauza Tequila, agave syrup for a little sweetness and lime juice. Not too tart or sweet, and a smart idea in time for summer. \$6.20



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Derren Brown is worried he's a faith-healer

He was just meant to parody them in Netflix's "Miracle."



GREGORY WAKEMAN
Gregory.Wakeman@metro.us

For over the last decade Derren Brown has astonished and wowed British audiences with his unique blend of illusion, mind-trickery and good old fashioned magic.

Last year, Brown even brought his show over to New York, where he mystified and bamboozled audiences with his efforts. That was more than enough to persuade Netflix to invest in Brown, and "Miracle" is his second special; his first, "The Push," was released in February.

"Miracle" sees Brown exploring and exposing the phenomenon of faith healers, as he cures the sick, removes crippling pains, and even restores eyesight. But Brown recently told Metro that while he was meant to



Derren Brown
GETTY IMAGES

parody faith-healers, he's not actually sure if he just became one instead.

How do you label yourself?

I don't, really. For years I had to give it some label. So I said psychological illusionist. But that doesn't really mean anything. That just begs further questions. I started off as a hypnotist. And then a magician. But then grew out of that. As my career

took off I tried to take more grown-up roots to take those, because magic is quite a childish urge. And it has taken me in all sorts of directions. And it is quite difficult to define it.

What did you want to explore with "Miracle"?

Well, "Miracle" was my seventh stage show that I have done in the U.K. Not quite my current one, but was the previous one.

There are some things in the world of magic and suggestion and persuasion and mind reading, the same skills get used by charlatans in various forms. So "Miracle," a large part of it is faith-healing. Re-creating the evangelical faith healing, and debunking it. I am doing it ironically. But doing it none the less.

On the one hand it is a debunking and a re-creation of that, but at

"I had to reframe it in a way that was not adversely religious, but like I was able to take something from that world and had found something useful."

makes when these stories are interrupted and made to change. Which is why these performers create the sort of effects that they do. Sometimes it is obviously just trickery, and it is transparent, but sometimes it is extraordinary experiences.

This was an entirely skeptical audience, completely wrongly placed, and I am asking them to suspend their disbelief. And all of those things that I thought wouldn't really make it work but would hopefully make it work well enough that I could massage it into a show. It was fascinating how little it took; it took me just saying, "Go along with this." And reframing it, I had to reframe it in a way that was not adversely religious, but like I was able to take something from that world and had found something useful. It doesn't take much to reframe something. And then I was just treading a fine line between a parody of that world and actually doing it.

an other level the show is really about the stories that we tell ourselves and live by. What was amazing doing the show every night was seeing how the stories that we live out affect us in terms of these sort of conditions and illnesses that we live with, and what a difference it

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Earn some cash before you head back to school



PAT KING
patrick.king@metro.us

Now that school is out for the summer, the time has come to find work to get you out of the red before fall semester begins. Here are some great summer jobs that can secure you some quick cash over the next few months.

Catering

Getting hired on a catering crew that works weddings and other big events during the summer can be one of the more lucrative seasonal jobs around. By picking up shifts working as a server or in the kitchen at these jobs, you can



ISTOCK

avoid getting locked in to working regular "restaurant hours" and instead work on the weekends or one or two nights a week. All catering companies set their own prices and generally share wages differently so it is hard to judge the average pay scale. But according to payscale.com, the national scale fluctuates

between \$8.79 - \$18.14 per hour not including tips.

Dog Walker

Working as a dog walker is a great way to earn while getting some fresh air and exercise while you are home all summer. Daily walks with a pooch might also beget

a nice tan while hanging out with some adorable doggies all day long. This job yields more dollars than you'd think, with payscale.com reporting that the national average income of a dog walker is \$13.27 an hour.

Lifeguard

If you are a strong

swimmer, becoming a summer lifeguard at a beach or a pool can be a great way to earn a lot of money while working on your tan. The only catch is that most lifeguard certification courses can range from \$150 to \$500 for 30 hours of training. These courses are water-intensive. In some cases, you will be required to tread water for lengthy periods of time. But hey, you are saving lives after all! If this seems at all feasible, the pay will be worth it in the end. Pay-scale.com reports that the average income for a lifeguard is some \$9.18 an hour.

House Sitting

Coming home for summer break can be a rude awakening after becoming accustomed to the freedom of dorm life.

Now, back to snoozing in your childhood bedroom with your parents snoring just down the hall, you might start to feel a little restless. But the glorious truth is, you need a homebase so that you can work a summer job to finance your late night delivery orders while away at university or boarding school. In securing a a house sitting gig for the summer months, you can get paid all while taking care of someone else's house and eating their food. Although many housesitter's rates range from \$25 to \$45 a day, these wages can provide you with a place to camp while getting paid to do it! The best way to secure a housesitting job is through your own connections but you can also find these gigs through housesitter.com.



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Shady industry finds new way to charge student borrowers

Consumers promised debt relief are lumbered with an added loan to cover fees that may be illegal in some states.



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Companies that promise to slash your student debt have devised a new scheme, partnering with a lender that can force you to keep paying even after you discover the money isn't going toward your loans. Student-debt companies, which say they will reduce or elimi-

nate your loans for a fee, have flourished for years by making false promises to struggling borrowers.

Consumers can fight back by halting payments to the debt company and seeking legitimate help. But that's not easy because a third party is involved. Instead of being asked to pay fees to the debt company, borrowers say they unwittingly take out a loan from Equitable Acceptance Corp., a Minnesota company under investigation by the Federal Trade Commission.

The new loan, which is in addition to the student loan, covers the upfront and other fees charged by the original debt-adjustment company. Upfront fees are illegal in some states. Debt companies avoid those restrictions by converting fees into loans. The debt companies get paid by Equitable, and borrowers are stuck with a line of credit at 20% annual interest. Borrowers who stop paying can end up with damaged credit.

Questionable ties

Equitable, which also finances uninsured medical services and consumer products, has been in business for more than 50 years. It entered the student-loan industry in 2015.

Equitable has acquired the contracts of about 60,000 borrowers, says Daniel D. Hill, the company's general counsel. Those contracts have

come through partnerships with 43 student debt companies.

The FTC targeted several of those companies last year as part of a national crackdown on the student "debt relief" industry. So far, the FTC has sued seven student debt companies, alleging they charged borrowers illegal upfront fees to perform document-preparation services consumers could do themselves through the Department of Education.

Equitable says the partner companies do not charge upfront fees and that it works to ensure that its partners are following the law.

The company also disputes complaints that borrowers aren't aware they are taking out a loan. Hills says its partners notify customers multiple times about the line of credit and require them to consent to doing business with Equitable before signing their contracts.

'Beyond frustrating'

Sara Carril, a 33-year-old art teacher in St. Louis, says she stopped paying Equitable after realizing the student debt company she signed up with had not provided the promised services.

Carril says the company, Student Advocates, told her it would lower the payments on \$80,000 in student loans with Great Lakes Educational

Loan Services. She made \$39 monthly payments to Equitable for nearly two years, thinking she was paying off her student debt.

She learned this spring that the payments were not being applied to her student loans but to Equitable. She tried to get out of her agreement, but says Equitable's representatives told her she was obligated to pay. Equitable has since transferred her debt back to Student Advocates. She still owes \$978.52.

Equitable reported her to the credit bureaus after she stopped paying, according to financial records she showed Nerd-Wallet. She says the move dropped her credit score more than 100 points.

"It's beyond frustrating," Carril says.

Consumer recourse

Even if Equitable has played no part in schemes, legal experts say the company could face liability, potentially nullifying all of its agreements with consumers.

"Setting up a structure where you purchase these fraudulently obtained contracts doesn't absolve you of all legal liability for the fraud," says Persis Yu, a staff attorney with the National Consumer Law Center. "It's absolutely absurd to think that they don't know the kind of abusive practices they're involved in."

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Learn about the bling business with Gemological Institute of America's Jewelry Career Fair

The fair will take over the Javits Center on July 13.



PAT KING
patrick.king@metro.us

On July 13th, the Gemological Institute of America will host its annual Jewelry Career Fair, which provides information for anyone who is interested pursuing a career in the gem and jewelry industry.

Established in 1931, GIA is recognized as the world's foremost authority in gemology. It got this title by inventing the famous 4Cs of diamond quality — color, clarity, cut and carat weight — and the International Diamond Grading System in the 1950s that is still used by majority of jewelers. With its



Michelle Orman, owner of Last Word Communications, meeting with an attendee at last year's GIA New York Jewelry Career Fair. MARK MCQUEEN

headquarters in Carlsbad, California — and a campus in New York — the school has earned its reputation of high standards through extensive research, education, gemological laboratory services and

instrument development.

GIA is now looking toward the future with its computer-aided design and manufacturing (CAD/CAM) courses that will teach prospective jewelers to digitally

build pieces that can live up to their client's wildest imaginations. And for many in the industry, having a peek inside the customer's head can open up a world of possibilities.

"That's always been

the challenge in the past," says Elizabeth Brehmer, Jewelry Manufacturing Arts technical adviser at GIA.

"Before it was just a rough counter sketch to try and grab a concept and then somebody would go to the back and carve a wax to then show to the customer. You would go through three or five iterations to kind of tweak it."

"Now with visual technology that we teach like visual sketching where you can sketch on a screen or make a 3D model in a short period of time — and actually print a prototype that they can try on — it really connects the customer's idea with the designer. I think it streamlines the process and allows for higher satisfaction rate with the customers and a better dialogue with

the designer."

The fair will run from 10 a.m. to 2:30 p.m. with special events for attendees, such as one-on-one career coaching, a panel on "Job Success in Today's Market" and recruitment opportunities with nearly 50 companies. As Brehmer sees it — it is an exciting time to enter the jewelry business.

"I've been in the industry a long time, and I've seen a lot of changes," she says. "But I think the opportunity for someone to take the tools that are available and much more user-friendly than they used to be — from a design perspective — and to employ those to make a living and to provide jewelry to clients is exciting."

For more information about the GIA Career Fair, visit gia.edu/career-fair.

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Scouting the Islanders, Rangers first-round picks

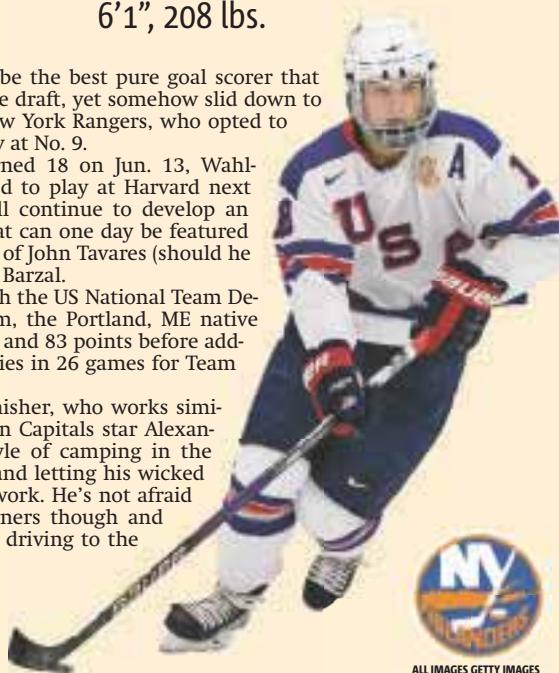
OLIVER WAHLSTROM, RW
USA NATIONAL TEAM DEVELOPMENT PROGRAM
DOB: 6/13/2000
6'1", 208 lbs.

Wahlstrom might be the best pure goal scorer that was available in the draft, yet somehow slid down to No. 11 past the New York Rangers, who opted to take Vitali Kravtsov at No. 9.

Having just turned 18 on Jun. 13, Wahlstrom is committed to play at Harvard next year where he will continue to develop an explosive game that can one day be featured alongside the likes of John Tavares (should he re-sign) or Mathew Barzal.

In 54 games with the US National Team Development Program, the Portland, ME native registered 40 goals and 83 points before adding another 22 tallies in 26 games for Team USA in the USHL.

He's a lethal finisher, who works similarly to Washington Capitals star Alexander Ovechkin's style of camping in the left face-off circle and letting his wicked wrist shot do the work. He's not afraid to go into the corners though and take contact while driving to the goal.



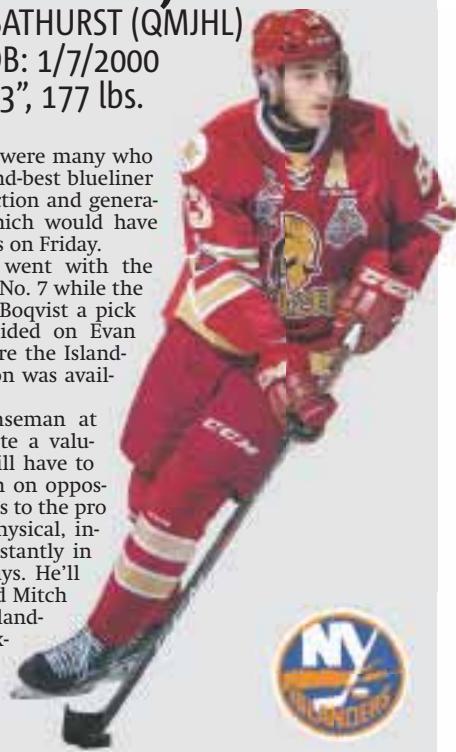
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NOAH DOBSON, D
ACADE-BATHURST (QMJHL)
DOB: 1/7/2000
6'3", 177 lbs.

Leading up to the draft, there were many who ranked Noah Dobson as the second-best blueliner behind overwhelming No. 1 selection and generational talent Rasmus Dahlin, which would have made him a top-five pick in Dallas on Friday.

But the Vancouver Canucks went with the smooth-skating Quinn Hughes at No. 7 while the Chicago Blackhawks took Adam Boqvist a pick later. The Edmonton Oilers decided on Evan Bouchard just one selection before the Islanders' duo of picks, ensuring Dobson was available.

This is a big, physical defenseman at 6-foot-3 who skates well to create a valuable two-way prospect. But he will have to improve on his ability to close in on opposing puck handlers as he acclimates to the pro game. Regardless, Dobson is a physical, intelligent defenseman who is constantly in the correct position to make plays. He'll join the likes of Devon Toews and Mitch Vande Sompel as highly-touted Islanders defensive prospects that are expected to round out the blue line in the next few years.



VITALI KRAVTSOV, RW
CHELYABINSK (KHL)
DOB: 12/23/1999
6'3", 184 lbs.

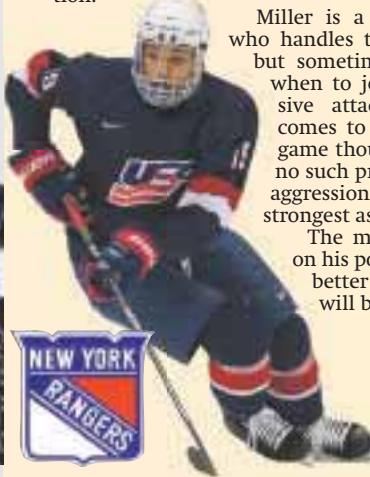
There were some initial eyebrow raising and head scratching when the Rangers decided to draft Kravtsov out of the KHL, Russia's top league, instead of the available Oliver Wahlstrom, who slid down to the Islanders at No. 11. But there is an enormous amount of promise to his game.

At 18 years old, Kravtsov was one of the best players during the KHL playoffs as he recorded 11 points in 16 games on his way to Rookie of the Year honors.

This is a power forward who stands at 6-foot-3. He not only can create offense around the net but he is a skilled and smart enough skater to open up scoring options from anywhere in the attacking zone. A quick set of hands does all the rest.

K'ANDRE MILLER, D
USNTDP
DOB: 1/21/2000
6'3", 198 lbs.

The blue line is a relatively new home for Miller, who will be attending the University of Wisconsin next season. A forward for most of his life, Miller didn't make the shift to defense until 2015 but has quickly developed into one of the best young Americans at the position.

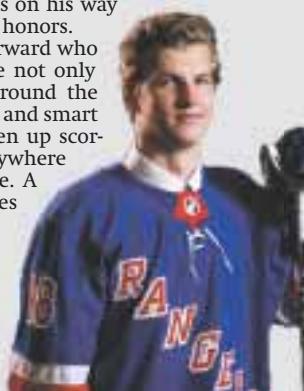
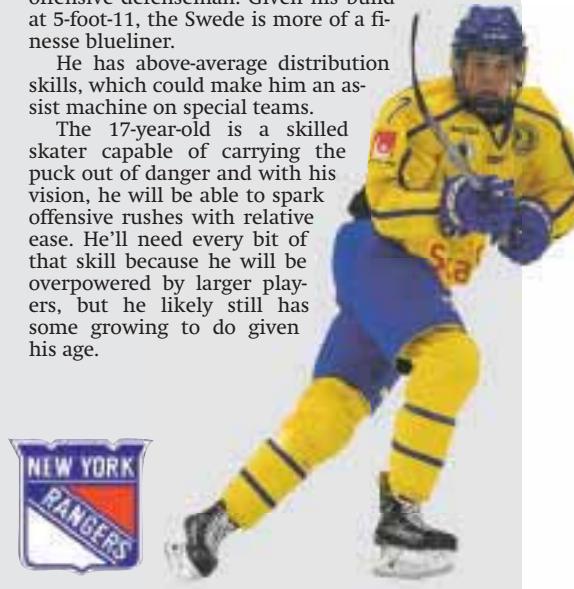


NILS LUNDKVIST, D
LULEA (SHL)
DOB: 7/27/2000
5'11", 172 lbs.

Compared to Miller, Lundkvist is more of an offensive defenseman. Given his build at 5-foot-11, the Swede is more of a finesse blueliner.

He has above-average distribution skills, which could make him an assist machine on special teams.

The 17-year-old is a skilled skater capable of carrying the puck out of danger and with his vision, he will be able to spark offensive rushes with relative ease. He'll need every bit of that skill because he will be overpowered by larger players, but he likely still has some growing to do given his age.



Sunday at the 2018 World Cup

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LEGAL NOTICES

NOTICE OF SALE
 SUPREME COURT
 COUNTY OF QUEENS,
 BANK OF AMERICA, N.A.,
 Plaintiff, vs. ANTHONY
 TIMS A/K/A ANTHONY
 D. TIMS, ET AL., Defendant(s).
 Pursuant to a Judgment of
 Foreclosure and Sale duly filed
 on August 02, 2017, I, the
 undersigned Referee will sell
 at public auction at the Queens
 County Supreme Courthouse,
 Courtroom 25, 88-11 Suphin
 Boulevard, Jamaica, NY on
 July 20, 2018 at 10:00 a.m.,
 premises known as 191-02
 110th Road, Saint Albans,
 NY. All that certain plot,
 piece or parcel of land, with
 the buildings and
 improvements thereon
 erected, situate, lying and
 being in the Borough of
 Queens, County of Queens,
 City and State of New York,
 Block 10949 and Lot 104.
 Premises will be sold subject
 to provisions of filed Judgment
 Index # 14527/13.
 David L. Cohen, Esq., Referee
 Berkman, Henoch, Peterson,
 Pddy & Fenchel, P.C.,
 100 Garden City Plaza
 Garden City, NY 11530
 Attorneys for Plaintiff

LEGAL NOTICES

NOTICE OF SALE
 SUPREME COURT
 COUNTY OF QUEENS,
 CITIMORTGAGE, INC.,
 Plaintiff, vs. MERCEDES M.
 ALAVA; JOSE A. POUSO, ET
 AL., Defendant(s). Pursuant
 to a Judgment of Foreclosure
 and Sale duly filed on February
 06, 2018, I, the undersigned
 Referee will sell at public
 auction at the Queens County
 Courthouse, Courtroom 25,
 88-11 Suphin Boulevard,
 Jamaica, NY on July 27,
 2018 at 10:00 a.m., premises
 known as 153-10 Bayside
 Avenue, Flushing, NY. All that
 certain plot, piece or parcel
 of land, with the buildings and
 improvements thereon erected,
 situate, lying and being in the
 Borough of Queens, County of
 Queens, City and State of New York,
 Block 4838 and
 Lot 34. Approximate amount
 of judgment is \$645,845.16
 plus interest and costs.
 Premises will be sold subject to
 provisions of filed Judgment
 Index # 700611/15. Alan
 Kestenbaum, Esq., Referee
 Knuckles, Komosinski &
 Manfro, LLP, 565 Taxter Road,
 Ste. 590, Elmsford, NY 10523,
 Attorneys for Plaintiff
 Cash will not be accepted.

LEGAL NOTICES

NOTICE IS HEREBY GIVEN
 that a license, Number Pending,
 for On Premise Liquor has been
 applied for by the undersigned
 to sell Liquor, Wine, Beer & Cider
 at retail under the Alcoholic
 Beverage Control Law at 181
 Front St. Store # 1300, New York,
 NY 10038, New York County, for
 on premises consumption. CW
 SSS LLC d/b/a by Chloe

NOTICE IS HEREBY GIVEN
 that a license, Number Pending,
 for On Premise Liquor has been
 applied for by the undersigned
 to sell Liquor, Wine, Beer & Cider
 at retail under the Alcoholic
 Beverage Control Law at 354 Bowery, New York,
 NY 10012, New York County,
 for on premises consumption.
 Rogue Lobo LLC.

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GAMES

ACROSS

- 1 Rollaway bed
 4 Movie genre
 9 Explorer Marco
 13 Middle __; historical period
 15 Prickle
 16 Enthusiastic
 17 Difficult child
 18 Oared
 19 Rex or Donna
 20 __ on; speak about in more detail
 22 Traveler's stops
 23 Create
 24 Lamb's cry
 26 Pitcher's delight
 29 Snide remarks
 34 Huge lifting machine
 35 Window pieces
 36 Word attached to dog or top
 37 Costa __
 38 Prepared to be photographed

metro.us/crossword

- 39 Metric weight, for short
 40 Gobbled up
 41 Hilarious folks
 42 Headed metal bolt
 43 Unspectacular
 45 Break in a kid's school day
 46 "Chicago Fire" network
 47 Financial institution
 48 Consequently
 51 __ nerves; smell sensors
 56 __ with; full of
 57 Reluctant
 58 Simpleton
 60 Aroma
 61 "Man __ Year"; Robin Williams film
 62 Cost of a plane ticket
 63 Trial run
 64 Iron alloy
 65 __ Moines
- DOWN**
- 1 Uber alternative
 2 Frightening fellow
 3 Small duck
 4 Risk from hardening of the arteries
 5 Task
 6 Midwest state
 7 Worry
 8 Beholden

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Bad	Jacksons	Scream
Beat It	King	Smile
Dance	Moonwalk	Socks
Glove	Music	Surgery
Hat	Pop	Thriller

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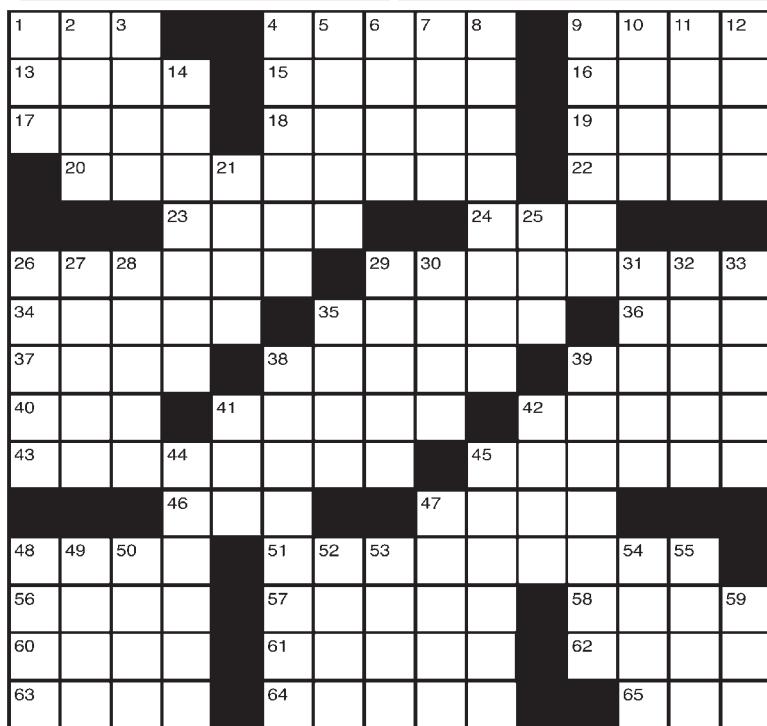
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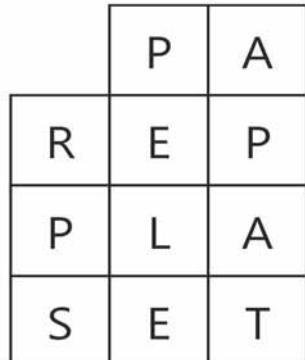
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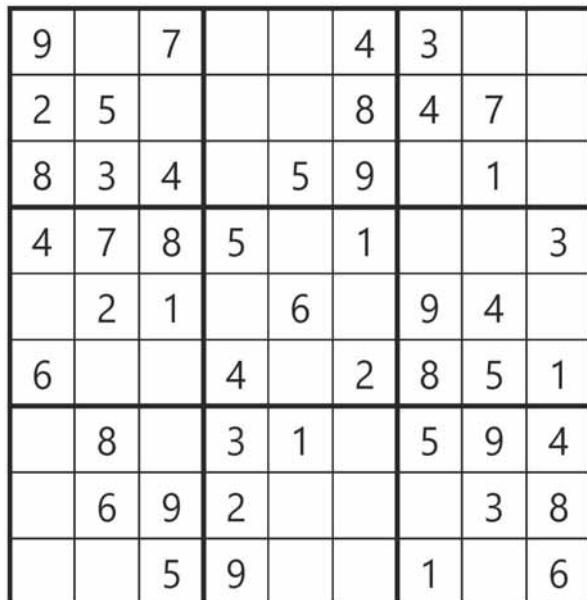
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Category: In The Kitchen



Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

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M	E	S	S	S	I	P	S	A	R	T	S
A	C	T	E	D	O	A	T	B	O	R	E
S	H	A	P	E	O	U	T	A	N	D	O
T	O	N	N	F	L	R	O	U	T	E	S
D	A	V	I	D		T	I	C			
B	A	S	S	E	T	S	I	S	T	E	R
A	L	T	A	R		P	H	O	N	E	L
L	O	I	N		S	L	I	N	G	W	A
L	O	L	S	E	A	T	S	M	I	S	E
F	L	O	P	P	Y		P	I	S	T	O
T	O	A				S	U	S	H	I	
A	N	CH	O	R		G	H		C	A	P
B	A	R	E	F	A	C	E	D	A	M	I
L	I	A	R		T	O	G	S	P	A	T
E	L	M	S		E	D	G	Y	C	Y	S



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